

## BECOME A VOLUNTEER DRIVER

Want to give back to your community? Meet new people? Help our neighbors in need? Then being a volunteer driver for Mountain Meals on Wheels is for you!

MMOW is proud to have a dedicated team of volunteer drivers delivering meals to our recipients Monday through Friday, 52 weeks a year. Volunteer drivers are provided with insulated coolers to transport the meals, up-to-date route sheets to help them navigate their respective routes, and stand-by support in the event they have any issues during their route.

Volunteer driver candidates are given a short training program, along with a training packet and a drive-along with one of our volunteers. Our drivers are also advised of the health and safety of food handling procedures to ensure their safety and the safety of our recipients.

The service territory of MMOW stretches from Cedarpines Park to Green Valley Lake, and is divided into several driving routes starting from Mountains Community Hospital (MCH) in Lake Arrowhead.



Some volunteer drivers are scheduled to drive once each week, while others prefer to drive once or twice a month. We also have substitute drivers who drive only when needed. We try to assign our volunteer drivers to a route closest to their home. The requirements are:

- A. You enjoy driving and meeting people
- B. You have a valid California driving license
- C. You have valid liability insurance on your vehicle

We are always in need of drivers. If you are interested in volunteering or want to find out more, please contact us - we would love to hear from you.



Mountain Meals on Wheels is proud to have reached GuideStar's GOLD level of Transparency. A GOLD level means Mountain Meals on Wheels maintains complete financial and organizational transparency within GuideStar, and has established goals and strategies to maintain a high quality 501(c)(3) organization. Check us out at: [www.GuideStar.org](http://www.GuideStar.org)

## CONTACT US

Visit our web site at:

[www.mountainmealsonwheels.org](http://www.mountainmealsonwheels.org)

For general information and correspondence:

Send mail to:

Mountain Meals On Wheels, Inc.  
PO Box 623  
Lake Arrowhead, CA 92352

Call us at: 909-436-8065

Send an email to:

[mmow@mountainmealsonwheels.org](mailto:mmow@mountainmealsonwheels.org)

### RECIPIENT INTEREST:

To become a recipient, or add someone you know to our program, please contact us at: [meals@mountainmealsonwheels.org](mailto:meals@mountainmealsonwheels.org)

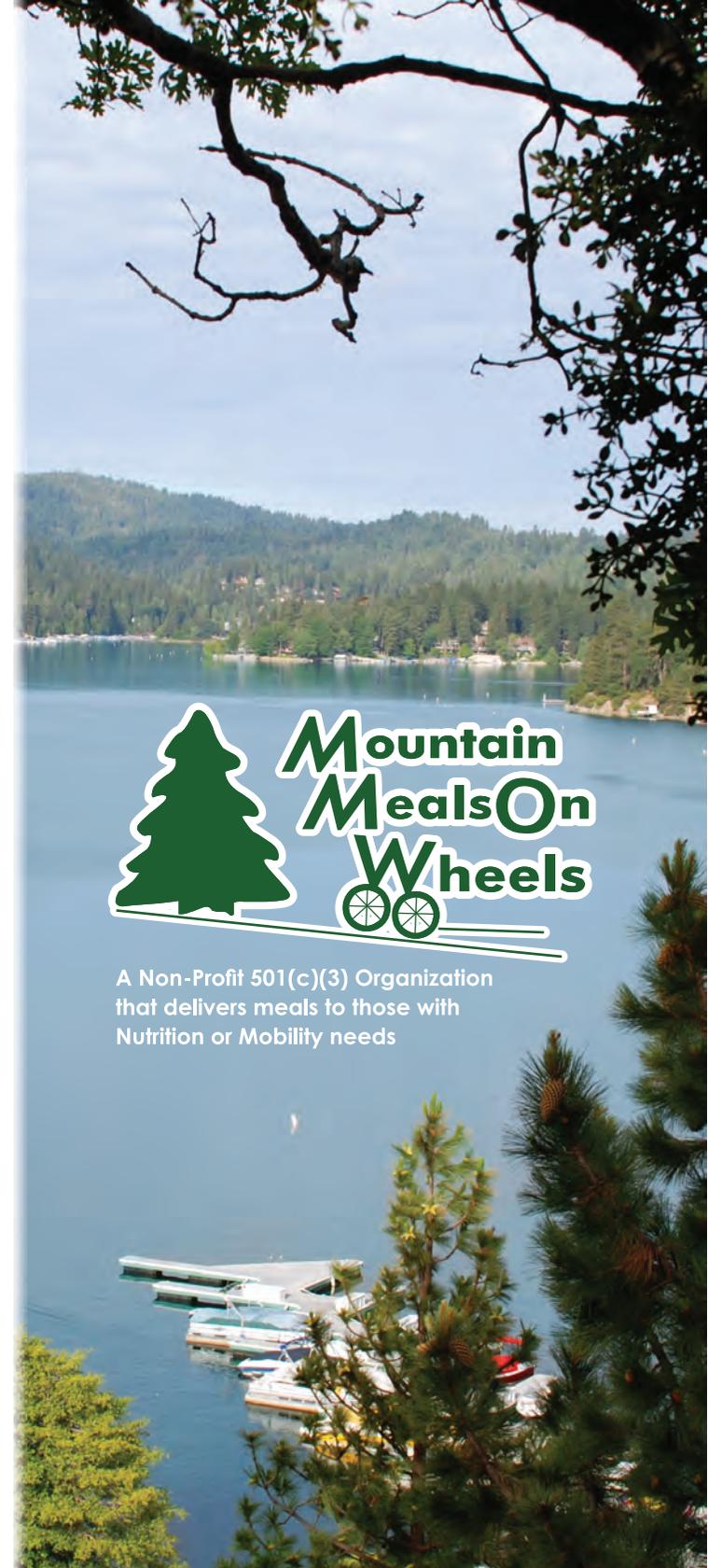
### VOLUNTEER INTEREST:

If you are interested in becoming a volunteer driver, or volunteering in another capacity, please contact us at:

[volunteer@mountainmealsonwheels.org](mailto:volunteer@mountainmealsonwheels.org)

### TO DONATE:

- Visit our web site, and click on DONATE for an easy on-line donation process, or;
- Mail a check to the above address, or;
- Call us at 909-436-8065 for other options.



A Non-Profit 501(c)(3) Organization  
that delivers meals to those with  
Nutrition or Mobility needs